

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 11/08/2017
FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 445262		(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 10/26/2017	
NAME OF PROVIDER OR SUPPLIER CUMBERLAND HEALTH CARE AND REHABILITATION INC				STREET ADDRESS, CITY, STATE, ZIP CODE 4343 ASHLAND CITY HWY NASHVILLE, TN 37218			
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F 000	INITIAL COMMENTS			F 000			
F 333 SS=E	<p>A complaint survey was conducted 10/23/17 - 10/26/17 at Cumberland Health Care and Rehabilitation. Complaints #42393, #42427, and #42741 were investigated and no deficiencies were cited in relation to the complaints under 42 CFR PART 483, Requirements for Long Term Care Facilities.</p> <p>483.45(f)(2) RESIDENTS FREE OF SIGNIFICANT MED ERRORS</p> <p>483.45(f) Medication Errors.</p> <p>The facility must ensure that its-</p> <p>(f)(2) Residents are free of any significant medication errors.</p> <p>This REQUIREMENT is not met as evidenced by:</p> <p>Based on facility policy review, medical record review, Administration History review, and interview, the facility failed to ensure significant medications were administered in a timely manner for 4 residents (#2, #4, #7, #8) of 8 residents reviewed for medication administration.</p> <p>The findings included:</p> <p>Review of facility policy, Medication Administration, revised 9/5/13, revealed "...Safe and accurate drug administration requires proficiency with administration techniques, assessment skills, and knowledge of the drugs...Medications should not be administered 60 minutes earlier or later than the scheduled time of administration...Before meals means 15 to 30 minutes before a meal is served...With meals means medications are given during a</p>			F 333			

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Any deficiency statement ending with an asterisk (*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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F 333	<p>Continued From page 1</p> <p>meal or up to 30 minutes after a meal is eaten...Routine med administration should not occur in the dining room...The nurse must immediately chart the med given on the electronic Medication Administration Record (eMAR) before giving meds to another patient..."</p> <p>Medical record review revealed Resident #2 was admitted to the facility on 8/8/17 with diagnoses including Hypertension, Chronic Obstructive Pulmonary Disease, Dementia, Seizures, Diabetes Mellitus, and Gastroesophageal Reflux Disease.</p> <p>Medical record review of the Entry Minimum Data Set dated 8/9/17 revealed Resident #2 was severely impaired cognitively.</p> <p>Review of the Administration History revealed medications administered to Resident #2 from 10/01/17 - 10/25/17 included: Humalog (insulin) sliding scale insulin: 10/3/17 due at 7:30 AM and given at 9:48 AM; 10/5/17 due at 7:30 AM and given at 9:35 AM; 10/05/17 due at 9:00 PM and given at 1:20 AM; 10/10/17 due at 7:30 AM and given at 9:27 AM; 10/11/17 due at 5:30 PM and given at 12:43 AM; 10/14/17 due at 11:30 AM and given at 1:16 PM; 10/14/17 due at 5:30 PM and given at 10:42 PM; 10/14/17 due at 9:00 PM and given at 10:42 PM; 10/16/17 due at 7:30 AM and given at 10:28 AM; 10/17/17 due at 5:30 PM and given at 9:37 PM; 10/20/17 due at 5:30 PM and given at 10:15 PM; 10/21/17 due at 7:30 AM and given at 1:37 PM; 10/21/17 due at 11:30 AM and given at 1:37 PM; 10/21/17 due at 5:30 PM and given at 11:50 PM; 10/21/17 due at 9:00 PM and given at 11:50 PM; 10/22/17 due at 5:30 PM and given at 12:15 AM; 10/22/17 due at 9:00 PM and given at 12:15 AM.</p>	F 333			

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F 333	<p>Continued From page 2</p> <p>Levetiracetam (seizures) 500 mg twice daily: 10/04/17 due at 5:00 PM and given at 10:52 PM; 10/10/17 due at 5:00 PM and given at 8:26 PM; 10/11/17 due at 5:00 PM and given at 12:43 AM; 10/14 17 due to 5:00 PM and given at 10:42 PM; 10/17/17 due at 5:00 PM and given at 9:37 PM; 10/18/17 due at 5:00 PM and given at 9:04 PM; 10/20/17 due at 5:00 PM and given at 10:15 PM; 10/21/17 due at 5:00 PM and given at 11:50 PM; 10/22/17 due at 5:00 PM and given at 12:15 AM.</p> <p>Medical record review revealed Resident #4 was admitted to the facility on 4/28/14 and readmitted on 10/3/17 with diagnoses including Hypertension, Diabetes Mellitus, Congestive Heart Failure, Deep Vein Thrombosis, Schizoaffective Disorder, and Alzheimers.</p> <p>Medical record review of the ?Significant Change MDS dated 9/17/17 revealed Resident #4 scored 15 on the Brief Interview for Mental Status, indicating she was alert, oriented, and able to make her needs known.</p> <p>Review of the Administration History revealed medications administered to Resident #4 on 10/1/17 - 10/25/17 included: Amlodipine 10 mg twice daily: 10/01/17 due at 8:00 AM and given at 10:32 AM; 10/02/17 due at 8:00 AM and given at 10:37 PM; 10/04/17 due at 4:00 PM and given at 9:43 PM; 10/05 17 due at 8:00 AM and given at 10:23 AM; 10/05/17 due at 4:00 PM and given at 12:47 AM; 10/07/17 due at 8:00 AM and given at 12:59 PM; 10/08/17 due at 8:00 AM and given at 12:17 PM; 10/08/17 due at 4:00 PM and given at 6:45 PM; 10/10/17 due at 8:00 AM and given at 10:10 AM ; 10/10/17 due at 4:00 PM and given at 9:19 PM; 10/11/17 due at</p>	F 333			

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F 333	<p>Continued From page 3</p> <p>8:00 AM and given at 10:52 AM; 10/11/17 due at 4:00 PM and given at 10:19 PM; 10/12/17 due at 8:00 AM and given at 10:21 AM; 10/12/17 due at 4:00 PM and given at 7:37 PM; 10/13/17 due at 8:00 AM and given at 11:43 AM; 10/14/17 due at 8:00 AM and given at 11:20 AM; 10/14/17 due at 4:00 PM and given at 11:01 PM; 10/16/17 due at 9:00 PM and given at 11:14 PM; 10/17/17 due at 8:00 AM and given at 10:44 AM; 10/17/17 due at 4:00 PM and given at 9:40 PM; 10/19/17 due at 8:00 AM and given at 11:28 AM; 10/20/17 due at 4:00 PM and given at 7:03 PM; 10/21/17 due at 8:00 AM and given at 10:24 AM; 10/21/17 due at 4:00 PM and given at 6:42 PM; 10/22/17 due at 8:00 AM and given at 11:25 AM; 10/22/17 due at 4:00 PM and given at 9:57 PM; 10/23/17 due at 4:00 PM and given at 11:08 PM; 10/24/17 due at 4:00 PM and given at 9:37 PM.</p> <p>Medical record review revealed Resident #7 was admitted to the facility on 5/27/16 with diagnoses including Chronic Obstructive Pulmonary Disease, Diabetes Mellitus, Hypertension, Bipolar Disorder, Chronic Pain, Chronic Kidney Disease Stage III, Gastroesophageal Reflux Disease, Schizoaffective Disorder, Atrial Fibrillation, and Atherosclerotic Cardiovascular Disease.</p> <p>Medical record review of the Quarterly Minimum Data Set (MDS) dated 8/13/17 revealed Resident #7 scored 15 on the Brief Interview for Mental Status, indicating she was alert, oriented, and able to make her needs known. Continued review of the MDS revealed Resident #7 required extensive assistance of 1 person with transfers, dressing, grooming, and bathing; required setup for eating; was occasionally incontinent of bowel; and was continent of urine.</p>	F 333			

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F 333	<p>Continued From page 4</p> <p>Review of the Administration History revealed medications administered to Resident #7 from 10/01/17 - 10/25/17 included:</p> <p>Levemir 25 units twice daily subcutaneous: 10/01/17 due at 8:00 AM and given at 2:30 PM; 10/02/17 due at 8:00 PM and given at 10:28 PM; 10/04/17 due at 8:00 AM and given at 10:02 AM; 10/04/17 due at 8:00 PM and given at 10:04 PM; 10/05/17 due at 8:00 PM and given at 11:33 PM; 10/06/17 due at 8:00 PM and given at 11:11 PM; 10/08/17 due at 8:00 PM and given at 11:06 PM; 01/10/17 due at 8:00 PM and given at 11:16 PM; 10/13/17 due at 8:00 PM and given at 11:14 PM; 10/14/17 due at 8:00 PM and given at 11:01 PM; 10/15/17 due at 8:00 AM and given at 1:14 PM; 10/16/17 due at 8:00 PM and given at 10:58 PM; 10/17/17 due at 8:00 PM and given at 10:31 PM; 10/18/17 due at 8:00 AM and given at 10:48 AM; 10/23/17 due at 8:00 PM and given at 11:36 PM.</p> <p>Novolog insulin 3 units three times daily before meals: 10/01/17 due at 11:30 AM and given at 2:30 PM; 10/01/17 due at 7:30 AM and given at 2:30 PM; 10/02/17 due at 5:30 PM and given at 10:28 PM; 10/03/17 due at 7:30 AM and given at 9:03 AM; 10/03/17 due at 5:30 PM and given at 8:03 PM; 10/04/17 due at 7:30 AM and given at 10:02 AM; 10/04/17 due at 11:30 AM and given at 3:15 PM; 10/06/17 due at 5:30 PM and given at 11:11 PM; 10/10/17 due at 5:30 PM and given at 11:16 PM; 10/11/17 due at 5:30 PM and given at 9:35 PM; 10/12/17 due at 7:30 AM and given at 9:24 AM; 10/14/17 due at 7:30 AM and given at 9:07 AM; 10/14/17 due at 5:30 PM and given at 11:01 PM; 10/15/17 due at 11:30 AM and given at 1:14 PM; 10/15/17 due at 7:30 AM and given at 1:14 PM; 10/15/17 due at 5:30 PM and given at</p>	F 333			

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F 333	<p>Continued From page 5</p> <p>8:37 PM; 10/16/17 due at 7:30 AM and given at 9:10 AM; 10/17/17 due at 11:30 AM and given at 3:14 PM; 10/18/17 due at 7:30 AM and given at 10:48 AM; 10/18/17 due at 5:30 PM and given at 8:38 PM; 10/22/17 due at 5:30 PM and given at 9:36 PM; 10/23/17 due at 7:30 AM and given at 11:00 AM; 10/24/17 due at 11:30 AM and given at 4:03 PM.</p> <p>Amlodipine 5 mg twice daily: 10/02/17 due at 9:00 AM and given at 11:44 AM; 10/02/17 due at 9:00 PM and given at 10:28 PM; 10/05/17 due at 9:00 AM and given at 11:32 AM; 10/05/17 due at 9:00 PM and given at 11:33 PM; 10/06/17 due at 9:00 PM and given at 11:11 PM; 10/07/17 due at 9:00 AM and given at 10:49 AM; 10/08/17 due at 9:00 PM and given at 11:00 PM; 10/09/17 due at 9:00 AM and given at 11:24 AM; 10/10/17 due at 9:00 AM and given at 10:32 AM; 10/10/17 due at 9:00 PM and given at 11:16 PM; 10/12/17 due at 9:00 PM and given at 11:01 PM; 10/13/17 due at 9:00 PM and given at 11:14 PM; 10/14/17 due at 9:00 PM and given at 11:01 PM; 10/15/17 due at 9:00 AM and given at 1:14 PM; 10/16/17 due at 9:00 PM and given at 10:58 PM; 10/17/17 due at 9:00 PM and given at 10:31 PM; 10/18/17 due at 9:00 AM and given at 10:36 AM; 10/21/17 due at 9:00 PM and given at 10:56 PM; 10/22/17 due at 9:00 AM and given at 12:07 PM; 10/23/17 due at 9:00 AM and given at 11:00 AM; 10/23/17 due at 9:00 PM and given at 11:36 PM.</p> <p>Hydrochlorthiazide 50 mg daily for high blood pressure: 10/02/17 due at 9:00 AM and given at 11:44 AM; 10/05/17 due at 9:00 AM and given at 11:32 AM; 10/07/17 due at 9:00 AM and given at 10:49 AM; 10/09/17 due at 9:00 AM and given at 11:24 AM; 10/10/17 due at 9:00 AM and given at 10:32 AM; 10/15/17 due at 9:00 AM and given at</p>	F 333			

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F 333	<p>Continued From page 6</p> <p>1:14 PM; 10/18/17 due at 9:00 AM and given at 10:48 AM; 10/22/17 due at 9:00 AM and given at 12:07 PM; 10/23/17 due at 9:00 AM and given at 11:00 AM.</p> <p>Metoprolol 25 mg twice daily for blood pressure: 10/01/17 due at 9:00 AM and given at 2:30 PM; 10/02/17 due at 9:00 AM and given at 11:44 AM; 10/02/17 due at 9:00 PM and given at 10:28 PM; 10/05/17 due at 9:00 AM and given at 11:32 AM; 10/05/17 due at 9:00 PM and given at 11:33 PM; 10/06/17 due at 9:00 PM and given at 11:11 PM; 10/07/17 due at 9:00 AM and given at 10:49 AM; 10/08/17 due at 9:00 PM and given at 11:06 PM; 10/09/17 due at 9:00 AM and given at 11:24 AM; 10/10/17 due at 9:00 PM and given at 11:16 PM; 10/12/17 due at 9:00 PM and given at 11:01 PM; 10/13/17 due at 9:00 PM and given at 11:14 PM; 10/14/17 due at 9:00 PM and given at 11:01 PM; 10/15/17 due at 9:00 AM and given at 1:14 PM; 10/16/17 due at 9:00 PM and given at 10:58 PM; 10/17/17 due at 9:00 PM and given at 10:31 PM; 10/18/17 due at 9:00 AM and given at 10:38 AM; 10/21/17 due at 9:00 PM and given at 10:56 PM; 10/22/17 due at 9:00 AM and given at 12:07 PM</p> <p>Ventolin inhaler 2 puffs every 6 hours: 10/01/17 due at 12:00 PM and given at 2:30 PM; 10/02/17 due at 6:00 PM and given at 10:28 PM; 10/03/17 due at 12:00 AM and given at 4:16 AM; 10/03/17 due at 6:00 PM and given at 8:03 AM; 10/04/17 due at 12:00 PM and given at 3:14 PM; 10/05/17 due at 6:00 PM and given at 11:33 PM; 10/06/17 due at 6:00 PM and given at 11:11 PM; 10/09/17 due at 12:00 AM and given at 1:44 AM; 10/09/17 due at 6:00 AM and given at 7:36 AM; 10/09/17 due at 6:00 PM and given at 8:30 PM; 10/10/17 due at 6:00 AM and given at 7:38 AM; 10/10/17</p>			F 333			

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F 333	<p>Continued From page 8</p> <p>due at 9:00 PM and given at 11:07 PM; 10/16/17 due at 9:00 PM and given at 11:02 PM.</p> <p>Levemir 15 units every bedtime: 10/05/17 due at 9:00 PM and given at 12:53 AM; 10/12/17 due at 9:00 AM and given at 12:53 AM; 10/14/17 due at 9:00 PM and given at 11:47 PM; 10/22/17 due at 9:00 PM and given at 11:25 PM; 10/03/17 due at 9:00 AM and given at 11:41 AM; 10/04/17 due at 9:00 AM and given at 11:19 AM; 10/05 17 due at 9:00 PM and given at 11:47 PM; 10/12/17 due at 9:00 PM and given at 1:33 AM; 10/23/17 due at 9:00 PM and given at 11:25 PM.</p> <p>Novolog insulin 5 units three times daily; 10/01/17 due at 11:30 AM and given at 5:40 PM; 10/01/17 due at 7:30 AM and given at 5:40 PM; 10/01/17 due at 4:30 PM and given at 10:16 PM; 10/04/17 due at 7:30 AM and given at 11:19 AM; 10/04/17 due at 4:30 PM and given at 9:39 PM; 10/05/17 due at 7:30 AM and given at 10:58 AM; 10/05 17 due at 4:30 PM and given at 1:53 AM; 10/08/17 due at 7:30 AM and given at 9:39 AM; 10/10/17 due at 7:30 AM and given at 10:51 AM; 10/10/17 at 4:30 PM and given at 9:28 PM; 10/11/17 due at 2:30 PM and given at 9:59 PM; 10/12/17 due at 4:30 PM and given at 7:41 PM; 10/13/17 due at 7:30 AM and given at 10:16 AM; 10/15/17 due at 4:30 PM and given at 9:39 PM; 10/16/17 due at 4:30 PM and given at 11:02 PM; 10/17/17 due at 11:30 AM and given at 2:55 PM; 10/19/17 due at 11:30 AM and given at 2:46 PM; 10/22/17 due at 4:30 PM and given at 10:03 PM; 10/23/17 due at 4:30 PM and given at 11:25 PM.</p> <p>For these residents there were 751 medications administered and 243 medications were administered 1 1/2 to 4 hours late. These were significant medications including insulin,</p>	F 333			

DEPARTMENT OF HEALTH AND HUMAN SERVICES
CENTERS FOR MEDICARE & MEDICAID SERVICES

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FORM APPROVED
OMB NO. 0938-0391

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: 445262	(X2) MULTIPLE CONSTRUCTION A. BUILDING _____ B. WING _____		(X3) DATE SURVEY COMPLETED C 10/26/2017
NAME OF PROVIDER OR SUPPLIER CUMBERLAND HEALTH CARE AND REHABILITATION INC			STREET ADDRESS, CITY, STATE, ZIP CODE 4343 ASHLAND CITY HWY NASHVILLE, TN 37218		
(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)		(X5) COMPLETION DATE
F 333	Continued From page 9 antihypertensives, antiseizure medication, and cardiac medications. During interview with the Administrator and Director of Nursing on 10/26/17 at 3:30 PM, it was confirmed medications were administered late.	F 333			